

Whether you have a Screen-Free Week event that's open to the public or just want to tell the world you're going screen-free, share your plans with us!

Looking for fun ways to celebrate Screen-Free Week with your school or community? Check out these great ideas from past Screen-Free Weeks.

Community Events

Unplug and Play in Bozeman, Montana organized an event for each day of Screen-Free Week, including free admission to the Museum of the Rockies, a Bike Rodeo, and a Family Science Night at the Children's Museum.

Screen-Free Kansas City and the Early Years
Institute in Long Island partnered with local businesses
to offer activities every day of Screen-Free Week.

Portland (Oregon) Parks and Recreation and Kaiser Permanente offered activities including a tea party for young children, Family Game Night, and Messy Art.

Church Health Center Child Life Education and Wellness in Memphis hosted a Pledge Party. Families received an activity folder with puzzles, games, coloring sheets, and tips for parents, as well as a comprehensive list of "Free Things to Do in Memphis."



The children's department at the North Tonawanda (New York) Library hosted events every evening including a Scavenger Hunt, a Craft Night, and Plant a Seed for Spring.

St. John Lutheran Church in Fargo, ND offered a Screen-Free Fellowship with games, nature activities, invigorating conversations . . . and ice cream!

School Celebrations

Read Boston asked 4,000 students in 12 partner schools to take the screen-free pledge. Participants received a prize pack with items that promote fun (and learning) without screens.

The Inland Preschool in Calimesa, CA hosted a Screen-Free Week Trike-aThon to celebrate and raise money for their school. After obtaining pledges (per lap or a lump sum), the kids decorated their bikes and invited family to watch them ride laps. The kids were awarded trophies for such categories as "most colorful" and "fastest looking."

The Jefferson School in Georgetown, Delaware planned School-wide activities during the week, including a bowling night, a bike ride in a local state park, and Earth Day activities at the school. And to encourage participation, the Head of School vowed to dye her hair a color chosen by students if 80% went screen-free.

At First Five Inyo County in Bishop, California, families who sent a picture of their child 5 or younger engaged in a screen-free activity won a free toy or game from their treasure chest!

Oakland Steiner School in Rochester Hills, Michigan hosted screen-free activities all week including a Scavenger Hunt, Table Talk Dinner Game, Play with a Box Day, and a May Day celebration!

