



## SCREEN FREE WEEK FAMILY CHALLENGE PARTICIPATION PACKAGE

**May 2nd - 9th 2026**

In recognition that screens have become an overwhelming presence in our lives, Mulberry Waldorf School invites families to participate in [Screen Free Week](#) from May 2 to 9, 2026.

In preparation for Screen Free Week (**and to earn an extra chance to win a Screen Free Week Family Challenge prize**), please join The Mulberry Care Tree via Zoom on Monday, April 27 from 6:30 to 7:30 pm for a shared screening of the film #KIDSONTECH, followed by a community discussion. You can watch the trailer [here](#).

Join #KIDSONTECH Mulberry Screening and Discussion:  
<https://us02web.zoom.us/j/89930099696?pwd=4k09efKgqpWhfbBQcocrmRX9kmaLo9H.1>

Kick off the week, **and earn an extra chance to win a prize**, by attending our Mulberry Gardening and Work Party on May 2, which will include food and children's games!

We encourage you to take up this screen free challenge to create more space for authentic, person-to person connection with each other and bring consciousness to the ways we use technology. We will be joining in a world-wide movement to be free from entertainment screens for this time!

### **PARTICIPATION PRIZES INCLUDE:**

Pizza Monster Gift Certificate  
Family of Four Tickets to Open Voices Concert May 30 @ 2:00 PM  
Memorial Farmer's Market Gift Basket  
Book for Teens - *The Amazing Generation: Your Guide to Fun and Freedom in a Screen-Filled World* by Jonathan Haidt and Catherine Price  
3 Free Evening "drop in" Classes at Blue Canoe  
RKY Camp Dog Cody Maple Syrup  
**AND MORE!**

For more information and/or to add your donation to our incentive prizes, please contact Jenny Taylor: [jennytaylor.mws@gmail.com](mailto:jennytaylor.mws@gmail.com)

(turn the page for information about how to participate!)

**How to join the Challenge:** Participating family members agree to avoid the use of all screens—cellphones, computers, iPads, smart watches, video games, and tablets—whenever possible for the duration of the week. This is an opportunity for decompressing from the habits we have formed surrounding the use of these devices. Instead of keying into internet news services, social media platforms, and screen entertainment, we are committed to deepening a sense of presence in real place and time. Exceptions from this commitment may include:

- Emergency use related to health or safety issues.
- Use of computers for professional work as job requirements dictate.
- Use of phones for communication with close and extended family members, friends for essential informational needs such as scheduling/transportation/life event planning, etc.
- Audio-only listening to music or recorded stories

### **Enter the Screen Free Challenge!**

#### **Ground rules:**

- All family members within a household must sign and agree to the terms above.
- Each family member earns 1 point each day for successfully adhering to the above parameters.
- Each family member must earn a minimum of 6 points for the family scorecard to earn a chance to win a prize. Each successfully completed family scorecard will earn chances to win a prize equal to the number of participating family members.
- Participating in the Gardening and Work Party on May 2nd earns you an extra chance to win a prize!
- At the end of Screen Free Week, successful score cards must be submitted to the school receptionist office by Friday, May 8 at 4:00.

***\*Participation prizes will be given out on May 9 at the Mulberry May Fair\****

**SEE NEXT PAGE FOR FAMILY SCORE CARD!**

**FAMILY SCORE CARD**  
**SCREEN FREE WEEK FAMILY CHALLENGE (MAY 2 to 9, 2026)**

*Please fill out the following information*

Family Name:

Phone Number:

E-Mail:

**Pledge: We agree to avoid the use of all screens—cellphones, computers, iPads, smart watches, video games, and tablets—whenever possible for the duration of May 2nd to 9th, 2026. Instead of keying into internet news services, social media platforms, and screen entertainment, we are committed to deepening a sense of presence in real place and time.**

**Signatures and Daily Score Tally**

Family members: Enter 1 point under each successful day on the line with your name (6 points earns a chance to win a prize). *Check the boxes if you attended the screening of #KIDSONTECH or Gardening and Work Party for extra chances to win!*

| Name | May 2 | May 3 | May 4 | May 5 | May 6 | May 7 | May 8 | Total | #KIDSONTECH Screening (adults only) | Gardening and Work Party! |
|------|-------|-------|-------|-------|-------|-------|-------|-------|-------------------------------------|---------------------------|
|      |       |       |       |       |       |       |       |       | <input type="checkbox"/>            | <input type="checkbox"/>  |
|      |       |       |       |       |       |       |       |       | <input type="checkbox"/>            | <input type="checkbox"/>  |
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|      |       |       |       |       |       |       |       |       | <input type="checkbox"/>            | <input type="checkbox"/>  |
|      |       |       |       |       |       |       |       |       | <input type="checkbox"/>            | <input type="checkbox"/>  |
|      |       |       |       |       |       |       |       |       | <input type="checkbox"/>            | <input type="checkbox"/>  |

GOOD LUCK! If each member of your family successfully earns at least 6 points for the week, submit your family score card to the school office before **May 8th at 3:30pm**. Chances to win a prize will be entered in your family's name equal to the number of participating family members and participation prizes will be given out May 9th, 2026 at the Mulberry May Fair.